



Self Help Box Set: The Ultimate Guide To Building Self Esteem And Self Confidence For Women Plus Stop Being Insecure in Your Relationships And Learn How ... Self Esteem, Self Confidence For Women)

Anna Parker, Andy Stone

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BOOK #1: Self-Confidence For Women: The Ultimate Guide To Building Self-Esteem And Self-Confidence For Women

Your confidence has a big influence on how you live your life and enjoy your life. As a confident woman and when you are happy for yourself, you tend to affect people positively around you unconsciously. Have you ever had the chance to see when a girl walks in a room and people are noticing her? That girl is seen easily from the people because her confidence somehow makes her shine and she can easily start up a conversation.

Do you want to be noticed by people? Yes, well you definitely need to be a confident woman. You will be able to engage everyone because you will be standing tall and proud because you will be confident.

This Book Will Cover the Following:

- Understanding of Self Esteem and Self Confidence
- Building permanent Self Esteem
- Building Permanent Self Confidence
- Avoiding perfectionism
- Many more self confidence tips for women

BOOK #2: How To Stop Being Insecure: Relationship Insecurity To Self-Confidence In 24 Hours

Forming relationships is never easy. It doesn't matter if we're talking about romantic relationships or relationships with our co-workers; sometimes it's just hard to trust people and develop friendships of loyalty.

It is important though to have good relationships in life. We need relationships to have a life that feels full

and enriched; otherwise we feel empty and alone, which leaves us isolated and cut off from the rest of the world.

But sometimes we struggle forming relationships because we feel insecure about ourselves in the relationship. We say things like, “oh she wouldn’t want to be with me,” or “I’m not good enough for someone like him.”

So what can you do to overcome your fear and your insecurities? Let’s talk our way through five steps that you can walk yourself through in one day that afterwards you will be on your way to becoming stronger and healthier in your relationships with others.

Here is a Preview of What You Will Learn:

- Better Communication
- Don’t Look for Perfect Relationships
- It’s Not All About You
- Don’t Invent Problems
- Focus on the Positive

BOOK #3: Charisma: The Art Of Being Charismatic, Influential and Irresistible. Learn To Talk To Anyone And Make People Like You.

Probably you have seen people that can get the attention from everyone and at the end they leave the impression that can’t be forgotten. It doesn’t matter how much money those people have or how do they look, they simply get an instant attention by just showing up in the room. But, when they leave, everyone that was present will emulate them.

All of that is charisma, which means it is a type of art and magnetism that result in adoration and also confidence. By learning the important parts of charisma, you will start to have open doors that will give you the ability for bigger success in many fields in life.

Here is a preview of what you'll learn:

- What is Charisma?
- Components of Charisma
- Why Charismatic People Are Successful
- 10 Secrets of Charismatic People
- How to Leave a Positive Impression
- Any many other secrets that will pleasantly surprise you!

Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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From reader reviews:

Christopher Kennedy:

Book is to be different for each and every grade. Book for children until finally adult are different content. As it is known to us that book is very important normally. The book Self Help Box Set: The Ultimate Guide To Building Self Esteem And Self Confidence For Women Plus Stop Being Insecure in Your Relationships And Learn How ... Self Esteem, Self Confidence For Women) ended up being making you to know about other knowledge and of course you can take more information. It doesn't matter what advantages for you. The guide Self Help Box Set: The Ultimate Guide To Building Self Esteem And Self Confidence For Women Plus Stop Being Insecure in Your Relationships And Learn How ... Self Esteem, Self Confidence For Women) is not only giving you a lot more new information but also to get your friend when you really feel bored. You can spend your own spend time to read your book. Try to make relationship while using book Self Help Box Set: The Ultimate Guide To Building Self Esteem And Self Confidence For Women Plus Stop Being Insecure in Your Relationships And Learn How ... Self Esteem, Self Confidence For Women). You never experience lose out for everything if you read some books.

Leona Tidwell:

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Walter Pressley:

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Anne Simons:

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