



The Warrior Method: A Parents' Guide to Rearing Healthy Black Boys

Raymond, PhD Winbush

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According to the recent statistics from the U.S. Department of Justice, black males die at a rate fifteen times higher than that of white males because of homicidal violence. The Department estimates that 28 percent of black males will enter state or federal prisons during their lifetime. In response to these devastating statistics, psychologist, educator, and father Raymond Winbush has created *The Warrior Method* -- a program designed for parents and teachers to help black boys become strong, self-reliant men. Filled with thoughtful reflections on the author's own experiences, the book looks at a male's life through the prism of the four seasons: spring -- conception to four years old; summer -- ages five through twelve; autumn -- ages thirteen through twenty-one; and winter -- age twenty-two and beyond.

Winbush's comprehensive, step-by-step approach draws on such African traditions as the "Birthing Circle" and a "Young Warriors Council" to help boys make important transitions, along with numerous other modern variations on tribal customs that instill the values of self-respect, dignity, and honor.

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