

# American Diabetes Association Complete Guide to Diabetes: The Ultimate Home Reference from the Diabetes Experts

The American Diabetes Association

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### Everything readers ever need to know about diabetes

Perhaps the most complete and authoritative resource on diabetes, American Diabetes Association Complete Guide to Diabetes covers everything from how to manage types 1 and 2 and gestational diabetes, to traveling with insulin, sick-day action plans, and recognizing hypoglycemia.

Other contents include information on symptoms, complications, exercise and nutrition, blood sugar control, sexual issues, drug therapies, insulin regimes, and much more. Plus, information for every parent about children, schools, and day care. This updated third edition features new information on medications, diabetes management and new therapies, and new treatments for diabetes complications.



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