



Reverse Diabetes Forever!: Seven Steps to Healthy Blood Sugar

Dr. Christopher Calapai

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One out of every 12 children and adults in the United States has diabetes. That's nearly 24 million people right now, and another 57 million who are pre-diabetic. Diabetes is a multisystem disease that damages blood vessels, nerves, organs and often leads to amputation of extremities.

81 million people have blood sugar problems--and that's just in America. Worldwide, diabetes affects 246 million people. Each year in America 47,000 diabetics get kidney disease, around 24,000 go blind, and another 86,000 have a toe, foot or leg amputated due to complications caused by this disease. These are sobering statistics and we all know people personally who have diabetes among our family, friends and co-workers.

Dr. Calapai connects how heavy (toxic) metal accumulation contributes to diabetes, how diabetes is linked to Alzheimer's, obesity, cardiovascular disease, strokes, heart attacks, high blood pressure, kidney disease, high cholesterol, blindness, and impotence. If the widespread damage it can cause our bodies weren't enough, diabetes also affects the brain negatively too.

Yet most physicians and people consider type II diabetes a lifetime sentence. Fact is, no medication can reverse diabetes even though there are over 180 new ones in development right now - however, a change in diet and lifestyle can. Learn how to get off the insulin roller-coaster and regain your life and health with a low carbohydrate diet, exercise and specific vitamins, minerals and nutrients.

This book outlines Dr. Calapai's 7 Step Medical-Nutritional Approach for treating diabetes and pre-diabetic conditions as well as prevention. Find out how to reverse and avoid this modern declining health trend before it affects YOUR quality of life. Discover why a healthy lifestyle is your best life insurance!

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