



An Inquiry Into the Effects of Ardent Spirits Upon the Human Body and Mind

Benjamin Rush

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"

By ardent spirits, I mean those comm only which are obtained by distillation from fermented substances of any kind. To their effects upon the bodies and minds of men, the following inquiry shall be exclusively confined. Fermented liquors contain so little spirit, and that so intimately combined with other matters, that they can seldom be drunken in(...)".

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