

My Life In Black And White: A Book Of Experiences

Kori Miller

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My Life In Black And White: A Book Of Experiences Kori Miller Half-breed. Oreo Cookie. Suzy Q. These are a few of the names the bullies spewed her way. Did she cower? Sometimes. Did she cry? A lot. Did they win? No.

Kori D. Miller describes her life as a biracial woman in the United States, from grade school in the 70's to college in the late 80's, and beyond. You'll laugh. You might cry. And, you might get as ticked off as she did. In the end, you'll discover that she's a lot like you.

This book of essays is a great jumping off point for group or individual counseling sessions for biracial or multiracial people. Your clients learn how Ms. Miller's self-esteem grew stronger through her experiences, and as she aged.

Why this book? Each essay was written in real time. Ms. Miller wrote and collected them over 20+ years. She didn't change them upon publication. You feel the anger, joy, frustration, and confusion, as she did, when she originally wrote the essays.



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