



Blue Jean Chef: Comfortable in the Kitchen

Meredith Laurence

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Are you as comfortable in the kitchen as you are in your blue jeans? Would you like to be? In Blue Jean Chef: Comfortable in the Kitchen, Meredith Laurence, the Blue Jean Chef, helps you settle into your comfort zone in the kitchen with tips, tricks, explanations of cooking techniques, and over two hundred recipes. Meredith shares knowledge acquired from years working in cooking schools, test kitchens, and restaurants in France, Canada, and the USA. Her delicious, easy-to-follow recipes, interesting tips, and informative explanations will help make any cook more comfortable in the kitchen and inspire new meals. Blue Jean Chef is designed to teach basic techniques and then strengthen skills. Each chapter contains basic recipes that will give you a solid understanding of how the dish works, and four other recipes that build on that technique, but use different ingredients to create a unique and delicious meal. We spend a lot of time in the kitchen. You might as well get comfortable!



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