



# **Organizational Stress: A Review and Critique of Theory, Research, and Applications (Foundations for Organizational Science)**

*Cary P. Cooper, Philip J. Dewe, Michael P O'Driscoll*

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This book examines stress in organizational contexts. The authors review the sources and outcomes of job-related stress, the methods used to assess levels and consequences of occupational stress, along with the strategies that might be used by individuals and organizations to confront stress and its associated problems. One chapter is devoted to examining an extreme form of occupational stress--burnout, which has been found to have severe consequences for individuals and their organizations. The book closes with a discussion of scenarios for jobs and work in the new millennium, and the potential sources of stress that these scenarios may generate.

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