



Combat PTSD in America

Daniel Williams

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Dr. Williams explains the mechanics of how Post Traumatic Stress Disorder works in the every day life of the combat veteran. He uses easily accessible examples to understand the complex neuroscience, such as neurons and extension cords, or an ice cream truck's alarm sound. This helps the reader really "get it" while still sharing important clinical information not found elsewhere. This book offers insights into the inner workings of the veteran's mind, which has proven an enigma for generations. Family, friends, professionals, veterans and first responders will better understand what survivors have experienced-and how to help.

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