



I Am Laurie: How Bipolar Disorder Altered My Life

Laurie Johnson

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I realized after my diagnosis four years ago that having bipolar disorder does not define who I am as a person. For close to three decades, I battled an unknown adversary, believing I was just sinning because I wasn't choosing happiness. The story is composed of trials from my life, including a turbulent relationship; hopelessness and thoughts of suicide; the abandonment of my Olympic dream; the death of a son in my arms from a genetic disorder; the early end to my teaching career; and the suicide of my nephew. I can now see how my undiagnosed bipolar disorder affected my decision-making ability, my relationships, my joy, and the goals I once had for my life. It is a story of triumph in the face of adversity, one that tells how God has given me a meaningful life even though things haven't turned out how I originally envisioned.

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Book is to be different for each and every grade. Book for children right up until adult are different content. We all know that that book is very important for people. The book I Am Laurie: How Bipolar Disorder Altered My Life seemed to be making you to know about other know-how and of course you can take more information. It is extremely advantages for you. The reserve I Am Laurie: How Bipolar Disorder Altered My Life is not only giving you far more new information but also to be your friend when you feel bored. You can spend your own spend time to read your reserve. Try to make relationship using the book I Am Laurie: How Bipolar Disorder Altered My Life. You never experience lose out for everything in the event you read some books.

John Lyons:

Typically the book I Am Laurie: How Bipolar Disorder Altered My Life has a lot of information on it. So when you make sure to read this book you can get a lot of help. The book was compiled by the very famous author. Tom makes some research prior to write this book. This kind of book very easy to read you can obtain the point easily after reading this article book.

Courtney Osteen:

The book untitled I Am Laurie: How Bipolar Disorder Altered My Life contain a lot of information on it. The writer explains the woman idea with easy approach. The language is very straightforward all the people, so do not necessarily worry, you can easy to read this. The book was authored by famous author. The author gives you in the new era of literary works. You can actually read this book because you can read on your smart phone, or product, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can start their official web-site and order it. Have a nice learn.

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