



The EatingWell Healthy in a Hurry Cookbook: 150 Delicious Recipes for Simple, Everyday Suppers in 45 Minutes or Less

Jim Romanoff, The Editors of EatingWell

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Never again sacrifice delicious, healthy meals when time is short: Here are more than 150 recipes that can be cooked in 30 to 40 minutes or less.

Healthy in a Hurry offers the ultimate answer to the perennial weeknight question of "What's for dinner?" With hundreds of quick and flavorful main-course recipes, it promises to become an everyday cooking tool for those who want to get a healthy, delicious meal on the table both swiftly and simply.

Coming out of the highly acclaimed Vermont test kitchens of *EatingWell* magazine, *Healthy in a Hurry* serves up a broad range of easy and mouth-watering recipes such as Warm Salmon Salad with Crispy Potatoes, Garlic & Parsley Rubbed Lamb Chops with Greek Couscous Salad, and Chicken with Green Olives & Dried Plums. Full-color photographs throughout

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Miles Towles:

A lot of people always spent their particular free time to vacation or go to the outside with them family or their friend. Did you know? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity that is look different you can read a book. It is really fun in your case. If you enjoy the book that you read you can spent all day every day to reading a book. The book The EatingWell Healthy in a Hurry Cookbook: 150 Delicious Recipes for Simple, Everyday Suppers in 45 Minutes or Less it is quite good to read. There are a lot of those who recommended this book. They were enjoying reading this book. In the event you did not have enough space to bring this book you can buy the particular e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not too expensive but this book possesses high quality.

Jeanie Hynes:

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