



## Healthy Sleep Habits, Happy Child / Your Fussy Baby

Marc Weissbluth M.D.

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Peace of mind for parents from renowned pediatrician Marc Weissbluth, M.D. This must-have boxed set contains the trade paperback editions of **Healthy Sleep Habits**, **Healthy Child**, a step-by-step program for a good night's sleep, and **Your Fussy Baby**, how to soothe your newborn.

#### Healthy Sleep Habits, Healthy Child

One of the country's leading researchers updates his revolutionary approach to solving--and preventing--your children's sleep problems. Dr. Weissbluth outlines proven strategies that ensure good, healthy sleep for every age. This distinguished pediatrician and father of four explains with authority and reassurance his step-by-step regime for instituting beneficial habits within the framework of your child's natural sleep cycles.

#### **Your Fussy Baby**

If your new baby cries inconsolably for many hours a day, take heart. The soothing help you need is here.

Renowned pediatrician Dr. Marc Weissbluth knows firsthand how stressful life can be for a sensitive, fussy newborn—not to mention the child's frantic, exhausted parents. With this reassuring, down-to-earth guidance, you can help your fretful, fussy newborn to become the sweet, happy baby he or she was meant to be.



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