



The 4-Minute Morning: Wake Up Early, Accelerate Your Learning, and Discover Your Hidden Passion

Ken Fite

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What could you accomplish with two extra hours in your day?

For over a year now, I've woken up every day at five o'clock in the morning to work on my goals and dreams. I know that sounds crazy, but stay with me... I was tired of waking up late, rushing through my day, and being so tired after getting the kids to bed that I didn't have any energy left to do anything. It felt like one of my favorite movies, Groundhog Day. Every day felt exactly the same. I was living my life but I wasn't doing anything to improve my life.

I challenged myself to wake up just a few minutes earlier every day for 30 days and after a month, I was waking up two hours earlier and focusing on my dreams before the rest of the world could wake up and ask me for chocolate milk or demand a TPS report. The results were AMAZING.

Over the last year, I've used my early mornings to pray, read, and write. I've learned so much and wrote seven books. I found the time I never knew I had.

In The 4-Minute Morning, I'll show you how you can wake up early and work on your goals and dreams, too.

Are you looking for more time in your day? Waking up early just may be the answer. Click on the link on the right to download a free sample of this book. -Ken

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Candice Sharkey:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them household or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or even playing video games all day long. In order to try to find a new activity that's look different you can read a new book. It is really fun for you. If you enjoy the book which you read you can spent the entire day to reading a reserve. The book The 4-Minute Morning: Wake Up Early, Accelerate Your Learning, and Discover Your Hidden Passion it is very good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. When you did not have enough space to bring this book you can buy the particular e-book. You can m0ore quickly to read this book from a smart phone. The price is not to cover but this book has high quality.

Kathleen Dominguez:

In this era which is the greater person or who has ability to do something more are more precious than other. Do you want to become considered one of it? It is just simple approach to have that. What you have to do is just spending your time almost no but quite enough to enjoy a look at some books. One of several books in the top checklist in your reading list will be The 4-Minute Morning: Wake Up Early, Accelerate Your Learning, and Discover Your Hidden Passion. This book which can be qualified as The Hungry Hillside can get you closer in getting precious person. By looking upwards and review this guide you can get many advantages.

Michael Vogel:

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