



# Embracing Your Big Fat Ass: An Owner's Manual

*Laura Banks, Janette Barber*

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## **Embracing Your Big Fat Ass: An Owner's Manual** Laura Banks, Janette Barber

Life is short -- too short to spend most of it worrying about what you look like from behind. That fact hasn't stopped women everywhere from obsessing over their weight -- specifically, that portion of it resting on their asses. In this gleefully frank new book, Janette Barber and Laura Banks lampoon society's obsession with the gluteus maximus while offering solidarity, support, and inspiring advice to fellow B-FABs (Big Fat Ass Babes). *Embracing Your Big Fat Ass* encourages readers to accept and love every inch of themselves -- including the lumpier parts.

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