



Fat, Stupid, Ugly: One Woman's Courage to Survive

Debrah Constance, J.I. Kleinberg

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In the spirit of *A Child Called "It"* comes an amazing story of resilience from a woman who triumphed over child abuse, cancer, and alcoholism to founder of A Place Called Home.

"I began life, it would seem, as some kind of Grimm's fairy tale creature, large and oafish, undesirable, grossly imperfect. Neatly penned in my baby book were the words, 'Debbie was a fat, unattractive baby.' Fat and ugly aside, my life was fairly normal for a couple of years. It would be a while before the abuse began. Before the smoking and pills, the rage and rebellion, the alcoholism and cancer, the broken marriages.

In those first uncomplicated years I could have set out on any of a dozen different paths toward an orderly life . . . it was not to be. . . . But this is not a story of defeat."

This is a book about surviving. It's about hope. It's about how each of us-ordinary, imperfect, damaged-can dream and heal. This book weaves the humorous, often outrageous, always courageous tapestry of Debrah Constance's life. Voted Woman of the Year by the State of California Legislature for founding A Place Called Home, (APCH) an organization providing services to at-risk inner-city kids in South Los Angeles, she proves that anyone can rise above life's obstacles and make a better life for themselves-and others.

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Doris Griffin:

Your reading sixth sense will not betray you actually, why because this Fat, Stupid, Ugly: One Woman's Courage to Survive book written by well-known writer who knows well how to make book that could be understand by anyone who have read the book. Written with good manner for you, dripping every ideas and publishing skill only for eliminate your hunger then you still question Fat, Stupid, Ugly: One Woman's Courage to Survive as good book but not only by the cover but also by the content. This is one publication that can break don't assess book by its handle, so do you still needing another sixth sense to pick this kind of!? Oh come on your studying sixth sense already alerted you so why you have to listening to one more sixth sense.

Jean Cunningham:

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