



A Body in Prayer

Neil Combs

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Imagine using your whole body to pray; actively thinking about how each body part can be used to glorify the Lord! That is exactly what author Neil Combs does in his new book, *A Body in Prayer*. Neil makes you feel as if you are sitting across the table from him and having a lively conversation about his unique approach to praying. My favorite chapter, hands down (pun intended), is Chapter 7, "Gotta Hand it to You." He addresses our attitudes about work, charity, and prayer, while challenging the reader to adopt a positive and active approach to each task. *A Body in Prayer* is a quick and entertaining read. The book effectively combines humor, thoughtfulness and practical suggestions to increase in holiness by focusing on the special attributes of each part of our bodies and how they can be used in prayer. It may have particular appeal to men, who often have trouble finding an active approach to spiritualism. By Mary Lou Rosien, author of *Catholic Family Boot Camp*

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A Body in Prayer can be one of your beginning books that are good idea. All of us recommend that straight away because this publication has good vocabulary that can increase your knowledge in vocabulary, easy to understand, bit entertaining but still delivering the information. The article writer giving his/her effort to put every word into pleasure arrangement in writing A Body in Prayer nevertheless doesn't forget the main level, giving the reader the hottest along with based confirm resource details that maybe you can be one of it. This great information can easily drawn you into brand-new stage of crucial thinking.

Ashley Johnson:

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