



A Nurse's Guide to Women's Mental Health

Michele R. Davidson PhD CNM CFN RN

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Named a 2013 Doody's Core Title!

2012 Third Place AJN Book of the Year Award Winner in Psychiatric-Mental Health Nursing!

This is a great resource for any nurse working with women."--**Score: 94, 4 Stars. Doody's Medical Reviews**

This is a quick-access clinical guide to the range of mental health issues and diagnoses that commonly affect women across the life span. It focuses on the unique biopsychosocial factors that make women especially vulnerable to psychological disorders and emphasizes key stressors specific to women that are precursors to mental illness. Frequent headings and bulleted, concise presentation of information facilitates reading.

In addition to discussing mental health issues specific to women, the guide covers unique populations such as disabled women, lesbian and transgendered women, female veterans, women with forensic health concerns, and women who have been the object of violence. Chapters also address childbearing issues, including menstruation-related problems, infertility and its psychological implications, and antepartum, intrapartum, and postpartum psychological disorders. Developmental milestones, the impact of culture on mental illness, and global health issues are covered as well. Tables and charts present key facts in an easy-to-read format.

Key Features:

- Provides a concise, easy-to-use guide to women's mental health issues across the life span for new and seasoned nurse practitioners
- Focuses on stressors unique to women as precursors of mental illness
- Delivers commonly occurring DSM-IV disorders in women, using a consistent format that includes etiology, assessment, and drug and behavioral therapeutic approaches
- Discusses preconception and childbearing issues, the impact of violence, female veterans, disabled women, lesbian women, and transgendered women

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From reader reviews:

Michael Bradley:

This A Nurse's Guide to Women's Mental Health are reliable for you who want to certainly be a successful person, why. The key reason why of this A Nurse's Guide to Women's Mental Health can be one of many great books you must have is actually giving you more than just simple reading through food but feed you with information that perhaps will shock your previous knowledge. This book is definitely handy, you can bring it everywhere and whenever your conditions both in e-book and printed kinds. Beside that this A Nurse's Guide to Women's Mental Health giving you an enormous of experience for example rich vocabulary, giving you demo of critical thinking that we all know it useful in your day task. So , let's have it and enjoy reading.

Wilma Richards:

Are you kind of stressful person, only have 10 or perhaps 15 minute in your morning to upgrading your mind ability or thinking skill possibly analytical thinking? Then you are having problem with the book than can satisfy your short period of time to read it because pretty much everything time you only find reserve that need more time to be learn. A Nurse's Guide to Women's Mental Health can be your answer since it can be read by anyone who have those short time problems.

Matthew Seifert:

Within this era which is the greater man or woman or who has ability to do something more are more treasured than other. Do you want to become one of it? It is just simple method to have that. What you should do is just spending your time little but quite enough to possess a look at some books. Among the books in the top record in your reading list is usually A Nurse's Guide to Women's Mental Health. This book that is qualified as The Hungry Inclines can get you closer in becoming precious person. By looking upward and review this reserve you can get many advantages.

Phillip Vargas:

A number of people said that they feel weary when they reading a book. They are directly felt the item when they get a half areas of the book. You can choose often the book A Nurse's Guide to Women's Mental Health to make your current reading is interesting. Your current skill of reading talent is developing when you just like reading. Try to choose easy book to make you enjoy to see it and mingle the idea about book and reading through especially. It is to be first opinion for you to like to wide open a book and examine it. Beside that the guide A Nurse's Guide to Women's Mental Health can to be your friend when you're truly feel alone and confuse using what must you're doing of this time.

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