



# **Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems**

*Judyth Reichenberg-Ullman, Robert Ullman*

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# Ritalin-Free Kids: Safe and Effective Homeopathic Medicine for ADHD and Other Behavioral and Learning Problems

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Does your child really need drugs to get through the school day? More than six million children in the United States are taking stimulant medications—including Ritalin—to treat behavioral and learning problems such as attention deficit/hyperactivity disorder (ADHD). But there may very well be a better way to manage your child's emotional and learning problems, and you owe it to yourself and your child to find out. *Ritalin-Free Kids* offers you a safe, effective, and natural alternative to stimulants.

"Before you give your child stimulants, read this book." —**From the preface by Edward Chapman, M.D., clinical instructor, Harvard Medical School**

"I recommend this book to all parents searching for an alternative treatment to ADHD. The Ullmans demonstrate that every child can benefit from care tailored to their unique characteristics and temperament." —**Charles Moore, M.D., child and adolescent psychiatrist, New England Medical Center**

"As a physician who evaluates many inattentive and overactive children, I feel that we, as a society, are using stimulant medications far too often for the treatment of ADHD. I was very impressed by Ritalin-Free Kids and definitely recommend it." —**Richard Solomon, M.D., director, Allegheny Behavioral and Child Development Services, Allegheny General Hospital, Pittsburgh, Pennsylvania**

"This clear, balanced, and persuasive book will really open your eyes to the possibility of homeopathic medicine to treat . . . ADHD and a number of emotional and learning problems." —**From the foreword by Edward M. Hallowell, M.D., coauthor of *Driven to Distraction***

Visit the authors' Web site at [www.healthyhomeopathy.com](http://www.healthyhomeopathy.com).

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